

**Design of Question Paper**  
**Class XI –Physical Education(048)**  
**Annual Examination: 2021-22**

**1. Weightage to learning objectives**

Objective	Remembering	Understanding	Application	Analysis, Evaluating & Creating	Total
% of Marks	34.28	28.57	22.86	14.29	100
Marks	12	10	8	5	35

**2. Weightage to Different Questions**

Type of Question	SAI (2marks)	SAII (3marks)	LA (5marks)	Total Marks
No. of Questions	5	5	2	12
Marks	10	15	10	35

**3. Weightage to Content**

S.No.	Name of the Unit	Weightage
1.	Physical Education and sports for CWSN (Children with special needs- Divyang)	07
2.	Yoga	05
3.	Physical Activity & Leadership Training	04
4.	Psychology & Sports	06
5.	Training and Doping in Sports	06
6.	*Components of Physical Fitness	07
7.	*Function of Respiratory System and Circulatory System	
8.	*Measurement of health related fitness	
<b>Total</b>		<b>35</b>

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S. No.	Name of Unit	SAI (2marks)	SAII (3marks)	LA (5marks)	Total Questions	Total Marks
1.	Physical Education and sports for CWSN	1(2)	-	1(5)	2	7
2.	Yoga	1(2)	1(3)	-	02	05
3.	Physical Activity & Leadership Training	2(2)	-	-	2	4
4.	Psychology & Sports	-	2(3)	-	2	6
5.	Training and Doping in Sports	-	2(3)	-	2	6
6.	Components of Physical Fitness	1(2)	-	1(5)	2	7
7.	Function of Respiratory System and Circulatory System					
8.	Measurement of health related fitness					
<b>Total</b>		<b>2(5)</b>	<b>3(5)</b>	<b>5(2)</b>	<b>12</b>	<b>35</b>

5 Questions x 2 marks = 10marks

5 Questions x 3 marks = 15marks

2 Questions x 5 marks = 10marks

Total = 35marks