**Chapter 7**

**The Works we do**

1. The student should talk to at least 5 friends and note the occupation of the friend’s parent and then state whether the occupation requires any specialised training or not.
2. In most of the western world majority of the students do small part time jobs after school or on weekends to reduce the financial burden of parents. Search the internet and make list of the jobs done by students generally. What does doing of these jobs teach the students?
3. What is the main occupation of people staying in villages of our country?
4. I was walking down the road I observed that one man was speaking rudely to the person who was sweeping the road.
5. Do you think person who was speaking rudely was doing the right thing?
6. What kind of labour was the person who was sweeping the road was doing?
7. Fill in the blanks

Help Box

Dignified, development, Gujjars, Occupation, Bamboo, traditional, landform

1. An \_\_\_\_\_\_\_\_\_\_\_\_ is a meaningful task that is undertaken to earn livelihood.
2. Many people choose an occupation on the basis of \_\_\_\_\_\_ \_\_\_\_\_\_\_\_ they have.
3. The choice of occupation also depends on the availability of raw material and the type of \_\_\_\_\_\_\_\_ where they live.
4. Once the farmers migrated to cities, the womenfolk took over the \_\_\_\_\_\_\_\_\_\_ along with their traditional occupations.
5. \_\_\_\_\_\_\_\_\_\_ handicrafts are in great demand in India and abroad.
6. \_\_\_\_\_\_\_\_ are Gypsies of Himalayas.
7. The \_\_\_\_\_\_\_\_\_ in science and technology brought in many new occupations.
8. Every work is respectable, \_\_\_\_\_\_\_\_\_ and important for the society.
9. Name the craft for which the following craftsmen are famous for
10. Craftsman of Kashmir
11. Craftsman of Gujarat
12. Craftsman of Mizoram
13. Multiple choice questions
14. \_\_\_\_\_\_\_\_\_\_ ashram Gandhi ji preached dignity of labour.
15. Geeta b) Sabarmati c) Virdh
16. In \_\_\_\_\_\_\_\_\_ labour physical strength is required.
17. Manual b) Intellectual c) Stress
18. The life of people of \_\_\_\_\_\_\_ revolves around Bamboo.
19. Mizoram b) Kashmir c) Gujarat
20. In winter Gujjars of Himalayas earn money by selling
21. Sheep and goats b) selling milk and wool c)handicrafts
22. The state of Gujarat is famous for
23. Embroidery on shawls b) Kachchi mirror work c) wooden carvings
24. Differentiate between manual labour and intellectual labour.
25. Why are many farmers giving up farming?
26. In earlier days why did most of jobs revolved around farming?
27. What is the basis because of which people take up different occupation?
28. What kind of work were the women folk doing when many farmers migrated to cities?
29. Why did life and occupation of most of people of Mizoram revolved around bamboo?
30. How do the landform and climate influence the choice of occupation?
31. What are the new occupations that came into being with development in science and technology?
32. With setting up of many iron and steel plants after Jamshedpur plant what were the new jobs that come into being?
33. What is the general notion people have about different kind of labour?
34. Irrespective of the kind of job a person is doing all jobs are important and useful, explain.
35. What earns respect for craftsmen of different areas?
36. What did Gandhi ji preach and how did he do it?
37. When does a dignified work become undignified?
38. What makes our life comfortable?
39. Identify my occupation
40. I look after the health of people
41. I sow seeds, look after plants and harvest them
42. I cut peoples hair and help them in their grooming.
43. I mend taps and leakage of water
44. On the political map locate the following
45. State that has plenty of bamboo
46. Gujarat
47. Kashmir

**Chapter 8**

**Leisure Time**

1. The student should talk to his friends and note down what are the activities they do in their free time
2. List the various games students play when they are free.
3. What were the leisure time activities enjoyed by people in olden days?
4. Fill in the blanks

Help Box

Team spirit, fresh, sporting, refresh, personal, enjoy, leisure, Indoor

1. You need time to relax and \_\_\_\_\_\_\_\_ your body and mind.
2. The time you spend away from your routine work is known as \_\_\_\_\_\_\_\_\_ time.
3. The choice of game / sport depends on our \_\_\_\_\_\_\_\_\_ interest , convenience and capacity.
4. All sports and games help us to keep fit and \_\_\_\_\_\_\_\_ ourselves.
5. \_\_\_\_\_\_\_\_\_\_ games can be played throughout the year as seasonal changes do not affect them.
6. Outdoor \_\_\_\_\_\_\_\_\_\_ activities have a greater mass appeal as compared to indoor ones.
7. Outdoor activity supply \_\_\_\_\_\_ air to lungs, refreshes the mind in a natural environment.
8. All the games are very good for physical fitness, quickness of movement, mental alertness and \_\_\_\_\_\_\_.
9. Multiple choice questions
10. The time that you spend away from your routine work is known as
11. Leisure time b) sleeping time c) study time
12. Which one of them is not a leisure activity of ancient time?
13. Chariot racing b) playing with marbles c) cricket
14. Which games can be played throughout the year as seasonal changes do not affect them?
15. Indoor b) Outdoor c) Football
16. All games are very good for
17. Physical fitness b) mental alertness c) both
18. Paranayama and Asanas are integral part of
19. Yoga b) indoor games c) outdoor games
20. When is kite –flying a popular activity?
21. Why is reading a book a wonderful hobby?
22. Name 2 games which were earlier played by a) girls only b) boys only.
23. What is a gymnasium and what do they have?
24. Name 2 games that have been popular in India since ancient times.
25. How are indoor games different from outdoor games?
26. What is fair play?
27. Indoor games are very good but we cannot ignore the importance of outdoor games, why?
28. List 4 outdoor games played in India.
29. How are the Indian players trying to regain their position in hockey?
30. What are the advantage of both kabbadi and kho-kho?
31. Name the following
32. 2 indoor games
33. 2 outdoor games
34. 2 games that can be played both outdoor and indoor
35. What are traditional leisure time activities that are still popular and competed at international level presently?
36. On what factors the choice of the game/ sport depends?
37. Where are the indoor games more popular?
38. What do children enjoy in their leisure time?
39. Why do both young and old look forward to leisure time?
40. Match the following

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| --- | --- |
| Column 1 | Column 2 |
| Paranayam and Asanas | Indoor activity |
| Cricket | Lawn tennis |
| Kabbadi | Yoga |
| Painting | Most popular game of India |
| Wimbledon | Traditional game of rural India |

1. On the political map of Indi mark the state
2. State from where M.S. Dhoni belongs
3. State here National Stadium is situated
4. State from which Suresh Raina belongs
5. State that has highest cricket ground in India