Chapter 7

Birds and their Nests

1. Take a walk around your house and make the list of birds you find there and write whether all of them are same in shape or not. State what they use to make their nest.
2. Collect some waste material and make a nest.
3. Make a collage showing nest of at least 4 birds.
4. Why is penguin not able to fly?
5. Carefully observe the picture below



1. What kind of animal is in the picture?
2. What are the features which help the animal in the picture to fly?
3. Correct the given statements
4. The birds have solid bones which make their body light.
5. The beak and claws help the birds to fly and to build their nests.
6. Birds break their nests to lay their eggs.
7. All birds have same nesting habits.
8. The dove and sparrow work singly to make nests.
9. A crow generally does not make its nest.
10. The barbet makes its nest that hangs from a branch of a small tree.
11. Some birds fly from warm regions to colder regions during winters.
12. Name a bird that sings sweetly but does not make its own nest.
13. Define the following terms
14. Aerial animals
15. Migration
16. Name the following birds.
17. Smallest bird
18. Largest bird
19. Bird that migrates
20. Bird that lays egg in another bird’s nest
21. Bird that cannot fly
22. Complete the following statements
23. Birds make their nest to lay eggs and \_\_\_\_\_\_\_\_\_\_\_\_\_.
24. Birds start making their nest usually in the month of \_\_\_\_\_\_\_.
25. Birds have \_\_\_\_\_\_\_\_ which make their body light.
26. The wings of bird are made up of \_\_\_\_\_\_\_\_\_\_\_\_.
27. \_\_\_\_\_\_\_\_\_\_ makes its nest on or near the topmost branches of tree.
28. \_\_\_\_\_\_\_\_\_\_ nest is made by stitching of leaves by twigs.
29. \_\_\_\_\_\_\_\_ live in very cold places.
30. Birds like\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_ migrate to India.
31. Why do birds make nest?
32. Certain birds migrate to warmer regions in winter, why?
33. The penguins do not make their nest using grass, twigs and straw, why?
34. Different birds have different nesting habit, justify the statements with help of example.
35. How is the nest of a crow different from that of tailor bird?
36. Name the bird where the male makes the nest.
37. Observe the picture below



1. Name the bird in the picture.
2. Where does this bird make its nest?
3. What do the birds do by making sounds?
4. What are the different materials used by bird to make the nest?
5. How many times does the arctic tern travel great distance?
6. From whom do the birds need to protect their eggs and young ones?
7. Which time of the year is busy time for birds and why?

**Chapter 8**

**Food**

1. The student should write down the things he has in his breakfast for five consecutive days , after that he should classify them in two groups that is food from plants and food from animals.
2. The student should make a group of 5 and everyone should name their favorite food and then one of them should note down the name of food and its source.
3. Ravi had a chapati and a bowl of kidney bean and a bowl of spinach. Make a table to show which part of plant had been used in the food.

|  |  |  |
| --- | --- | --- |
| S.N | Name of the food | Part of the plant |
| 1 | Chappati |  |
|  |  |  |
|  |  |  |
|  |  |  |

1. Complete the flow chart

Flour

Wheat plant

1. Make a collage showing the food that comes from animals eaten by man.
2. Why milk is considered as complete food?
3. What can make us fat or obese?
4. Name the following
5. 2 seeds of plants that are used as food
6. 2 pulses eaten by us
7. 2 seed eaten as nuts
8. 2 leaves eaten as vegetables
9. 2 stems eaten as vegetables
10. 2 roots eaten by us
11. 2 fruits eaten raw
12. Correct the following statements
13. Nuts can provide us lot of energy to us and keep our body cool.
14. Potato is underground root of a plant.
15. Fruits do not keep us fit and healthy
16. Dal or pulses are often eaten in breakfast by us.
17. Food does not give us energy.
18. Flour is obtained by breaking the seeds.
19. Fruits like grapes and watermelon are often cooked before eating.
20. Different people need same amounts of food.
21. Why do we need to eat food?
22. Why do people doing hard labor need to eat more chappatis and rice?
23. Complete it

The food that should be taken by

1. From birth till 4 months of age\_\_\_\_\_\_\_\_\_\_\_\_.
2. When child is six months old\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
3. Growing children and young persons\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
4. On what does the food to be consumed by person depends?
5. What should be present in diet of person who is growing?
6. Complete the given statements
7. Brinjal and\_\_\_\_\_\_\_\_\_ are fruits eaten as vegetables.
8. Eggs of poultry like \_\_\_\_\_ and \_\_\_\_\_\_\_ are eaten by many people.
9. Different people \_\_\_\_\_\_ and\_\_\_\_\_\_\_ different amounts of food.
10. Roots of \_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_ are eaten by man.
11. \_\_\_\_\_\_\_\_\_\_ vegetables are good for health.
12. Cereals like wheat and rice give us \_\_\_\_\_\_\_\_\_\_\_\_ to do work.
13. We eat \_\_\_\_\_\_\_\_\_ of some plants.
14. Which food protects us from disease?
15. Which part of the food gives energy to man?
16. What is a nutrient?
17. Name the leaves of plant used for garnishing and flavoring food.
18. Why should we have fruits in our diet?
19. Name 3 different things obtained from seeds of wheat other than flour.
20. What kind of food is eaten by people of old age?